

Why Do Students Have Low Self-Esteem?

OUR VIEW

BY: Tierra Washington

I believe some students suffer from low self-esteem because they are self-conscious about not being up to par with their peers and also family members. Teenagers being around many people her age all the time, like in school can cause them to feel in competition. Low self-esteem can have a lot to do with your physical appearance from weight, clothing and beauty. Today's society has a lot of overweight or obese people. Teens may suffer from weight issues and may not feel as pretty or as good looking as their peers or siblings because they are not as fit or as trim as they are. Also style of clothing can play a big row in low self-esteem. Some kids may not be able to afford the latest style of clothing or shoes that hit the stores and may feel like they are not as good as those who can and own those

items. In today's society teen feel as if their appearance and image is everything. Now days they want to show off what they have and how fresh they can get. Leaving those who aren't as wealthy to fall behind and suffer from low self-esteem. Low self-esteem can cause emotional distress and even death because if someone feels like an outcast to the point that they believe they don't belong or are not wanted they can commit suicide. I can look back at the Virginia Tech tragedy and realize that the assassin may be suffering from being alone and not feeling wanted. He obviously wanted to be remembered so he did what he thought to be the best way to get noticed and be remembered generations from now.

(Disclaimer: This is only the opinion of one individual and that individual alone. This is the view of Keyon L. Riche and not Arthur Hill High School.)

It's getting very close to the end of the year where many students and teachers will be saying good-bye or for some folks see you later. The closer time gets to May the more emotional feelings many of the seniors are getting towards leaving their friends, their younger classmates, their teachers, coaches, and etc. Me as a individual, I am going to miss school because going to high school is something that a person

never gets back even though I had to wake up early in the morning I'm going to miss coming to school I'm going to miss all the fun times I shared with my friends when we laughed together, we played together acted childish together, and I'm going to miss some of the difficult times I shared at Arthur Hill. I truly believe that the main things the seniors are going to miss is going to prom and graduation and also not being able to share them times with the other classes and our friends any more So these last few weeks in school I think that all the seniors should make the best of all the

few days that they are here because we may not even see each other anymore and the freshmen, sophomores, and juniors should appreciate all the seniors while the little time we're still here. As soon as May gets here I'm going to be happy that it's time for me to get out because those years of my life that I've been in school have been the most longest years of my life. So I'll be happy to say so long and see you later and have a good life to every one.

Why So Many Fights Are Going On In School?

By: Tierra Washington

I believe the main cause of fights taking place at school is caused by gossip. Someone starts a rumor and once the rumor passes around for a little while, words get switched and words get added on. Once the rumor hits the person its targeted for he or she gets mad. They

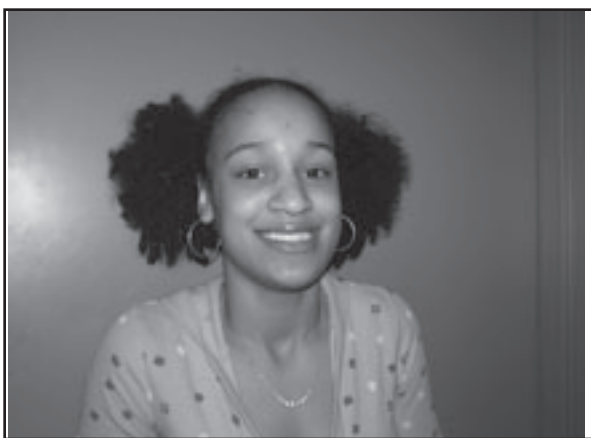
might just ignore the rumor at first until they get tired of hearing about it and confronts the person they believe started the rumor and we all know what happens next. I believe if people stop gossiping so much there will be less argument, less fights and less drama. Another main fights are due to gangs. Someone claims or throws up a rivalry hood or set (part of town) and they feel that they have to fight to find out who's the toughest and get another win added onto there record. Also girls fighting over guys can cause a lot of drama in school. A guy might

cheat or they break up and simply move on to the next girl to come along. The x-girlfriend and the new girlfriend feel tension between each other for whatever reasons and they end up bumping heads. Fights in school may never stop its up to the students to make that decision.

What Did You Like About Your Springbreak?



Shanwntanise Conway 12th
"She said that she didn't have fun she only woke up in the morning and hung out with friends."



Janelle Mueller 10th
"She got to chill with her friends and family she also got to spend quality time with her dad. She was happy she got a week out of school."



Will Pavey 11th
"He said he had fun he went surfing and to Miami."

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